FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number: 3235-02										
Estimated average burden										
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Lang Paul A					2. Issuer Name and Ticker or Trading Symbol ARCH RESOURCES, INC. [ ARCH ]								Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner						
(Last) ONE CIT	ΓΥ PLACE	,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 10/13/2022									X Officer (give title Other (speci below)  President & CEO				
(Street) ST. LOU (City)			63141 (Zip)		- 4. li									Individual or Joint/Group Filing (Check Applicable ne)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)				Execution Date,		3. Transaction Code (Instr. 8)  4. Securities Acquired (a Disposed Of (D) (Instr. 3)			Benefic	es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership						
							Code	v	Amount	nount (A) or (D)		Transac (Instr. 3	tion(s)			(Instr. 4)			
Common Stock 10/13.				3/2022	2022		М		15,150	) A	(1)	92	2,484		D				
Common Stock 10/13/2				3/2022	2022		F		6,765(2	) D	\$137.	82 85	5,719		D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)		n of		6. Date Exercis Expiration Dat (Month/Day/Ye		е	7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		ve es ally ng d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amount or Number of Shares						
Restricted Stock Units	(1)	10/13/2022			M			15,150	(3)		(3)	Class A Common Stock	15,150	\$0.00	15,15	0	D		

## **Explanation of Responses:**

- 1. Each restricted stock unit represents a contingent right to receive one share of Class A Common Stock of Arch Resources, Inc. (the "Company").
- 2. These shares were withheld by the Company to satisfy the reporting person's tax withholding obligations.
- 3. The restricted stock units are fully vested.

## Remarks:

/s/ Rosemary L. Klein, Attorney-in-Fact

10/17/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.