UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d)
of the Securities Exchange Act of 1934

Date of report (Date of earliest event reported): September 17, 2019 (September 17, 2019)

Arch Coal, Inc.

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation) 1-13105 (Commission File Number) 43-0921172 (I.R.S. Employer Identification No.)

CityPlace One One CityPlace Drive, Suite 300 St. Louis, Missouri 63141

(Address, including zip code, of principal executive offices)

Registrant's telephone number, including area code: (314) 994-2700

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the

| ronowing pr | rovisions: | | | | | | | |
|--|--|--|--|--|--|--|--|--|
| | Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) | | | | | | | |
| | Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) | | | | | | | |
| | Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) | | | | | | | |
| | Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)) | | | | | | | |
| Securiti | Securities registered pursuant to Section 12(b) of the Act: | | | | | | | |
| | | | | | | | | |
| | Title of each class | Trading symbol | Name of each exchange on which registered | | | | | |
| | Common Stock, \$.01 par value | ARCH | New York Stock Exchange | | | | | |
| Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (Section 230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (Section 240.12b-2 of this chapter). | | | | | | | | |
| | | | | | | | | |
| this chapter) | | | | | | | | |
| this chapter) Emergin |) or Rule 12b-2 of the Securities Exchange Act | t of 1934 (Section 240.12b-2 of this chapter) nark if the registrant has elected not to use the | ne extended transition period for complying with any | | | | | |

Item 7.01 Regulation FD Disclosure.

Beginning on or about September 17, 2019, and at other times thereafter, members of the senior management team of Arch Coal, Inc. (the "Company"), will use the attached slides in various investor presentations. The slides from the presentation are attached as Exhibit 99.1 hereto and are hereby incorporated by reference.

The information contained in Item 7.01 and the exhibits attached hereto shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section, nor shall they be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended (the "Securities Act") or the Exchange Act, except as shall be expressly set forth by specific reference in such a filing.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

The following exhibits are attached hereto and filed herewith.

| Exhibit | | |
|---------|---|--|
| No. | Description | |
| 99.1 | Arch Coal, Inc. Investor Presentation Slides. | |
| | 1 | |

Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: September 17, 2019 Arch Coal, Inc.

By: /s/ Robert G. Jones

Robert G. Jones

Senior Vice President – Law, General Counsel and Secretary

2





Forward-looking information

This presentation contains "forward-looking statements" – that is, statements related to future, not past, events. In this context, forward-looking statements often address our expected future business and financial performance, and often contain words such as "expects," "anticipates," "intends," "plans," "believes," "seeks," or "will." Forward-looking statements by their nature address matters that are, to different degrees, uncertain. For us, particular uncertainties arise from our emergence from Chapter 11 bankruptcy protection; from changes in the demand for our coal by the domestic electric generation and steel industries; from legislation and regulations relating to the Clean Air Act and other environmental initiatives; from competition within our industry and with producers of competing energy sources; from our ability to successfully acquire or develop coal reserves; from operational, geological, permit, labor and weather-related factors; from the Tax Cuts and Jobs Act and other tax reforms; from the effects of foreign and domestic trade policies, actions or disputes; from fluctuations in the amount of cash we generate from operations, which could impact, among other things, our ability to pay dividends or repurchase shares in accordance with our announced capital allocation plan; from our ability to successfully integrate the operations of certain mines and satisfying other closing conditions; from our ability to achieve expected synergies from the joint venture; from our ability to successfully integrate the operations of certain mines in the joint venture; and from numerous other matters of national, regional and global scale, including those of a political, economic, business, competitive or regulatory nature. These uncertainties may cause our actual future results to be materially different than those expressed in our forward-looking statements. We do not undertake to update our forward-looking statements, whether as a result of new information, future events or otherwise, except as may be required

This presentation includes certain non-GAAP financial measures, including, Free Cash Flow, Adjusted EBITDA, Adjusted EBITDA and cash costs per ton. These non-GAAP financial measures are not measures of financial performance in accordance with generally accepted accounting principles and may exclude items that are significant in understanding and assessing our financial results. Therefore, these measures should not be considered in isolation or as an alternative to net income from operations, cash flows from operations, earnings per fully-diluted share or other measures of profitability, liquidity or performance under generally accepted accounting principles. You should be aware that our presentation of these measures may not be comparable to similarly-titled measures used by other companies. A reconciliation of these financial measures to the most comparable measures presented in accordance with generally accepted accounting principles has been included at the end of this presentation.



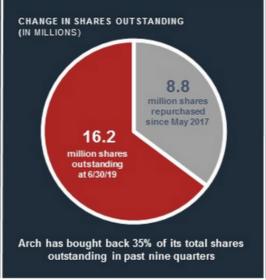
Arch Coal in brief

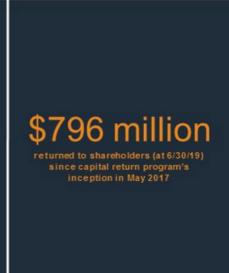
- Arch is a large and growing U.S. producer of high-quality metallurgical coals, and the leading global supplier of premium, High-Vol A coking coal
 - We operate large, modern coking coal mines at the low end of the U.S. cost curve
 - Our product slate is dominated by High-Vol A coals that earn a market premium
 - Our Leer South growth project will solidify our position as the leading global supplier of High-Vol A coal
 - We have exceptional, long-lived reserves that provide significant and valuable optionality for long-term growth
- Arch's strong coking coal position is supplemented by a top-tier thermal franchise
 - We operate highly competitive mines in the Powder River Basin and other key supply regions
 - Our mines have modest capital needs and generate significant free cash
 - The completion of the JV with Peabody should facilitate optimization of our thermal asset base
- Arch has deep expertise in mining, marketing and logistics and, critically, in mine safety and environmental stewardship - and levers those competencies in both steel and power markets
- Arch has an exceptionally strong balance sheet, generates high levels of free cash and is committed to returning excess cash to shareholders via a proven and highly successful capital return program



Arch has returned \$796 million of capital to shareholders since May 2017





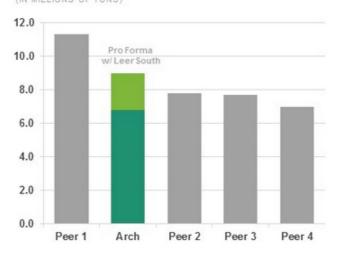






Arch is a large, low-cost, growing global coking coal producer with the world's most valuable High-Vol A coking coal franchise

ESTIMATED U.S. COKING COAL OUTPUT BY PRODUCER, 2018 (IN MILLIONS OF TONS)



Source: Arch and MSHA
Peer group includes Blackhawk, Contura, Coronado, Warrior (listed here alphabetically)

ARCH'S COKING COAL PRODUCT SUITE



With the startup of Leer South, the percentage of High-Vol A coal in Arch's mix will approach 75 percent and its High-Vol A output will climb to \sim 7 million tons, or nearly 30 percent of total global supply



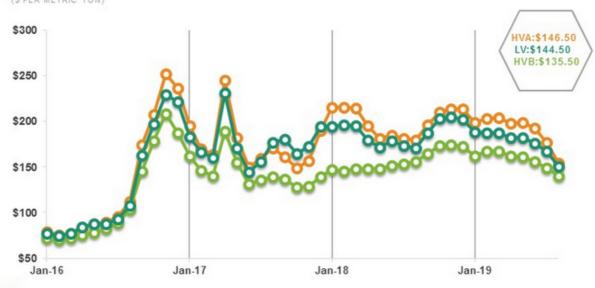
Arch is continuing to penetrate new markets and expand the global reach of its high-quality coking coal product suite





Global coking coal markets have declined markedly since May

 $\begin{array}{l} \textbf{MONTHLY AVERAGE U.S. COKING COAL PRODUCT ASSESSMENTS, U.S. EAST COAST} \\ (\textbf{S PER METRIC TON}) \end{array}$









Leer South will be nearly identical to Arch's world-class Leer mine

Mine life
Mining technique
Seam
Seam thickness
Average panel length
Annual met output
Product quality
Projected cash cost
Export facilities

Leer

10+ Years Longwall

Lower Kittanning

~ 62 inches1

~ 6,700 feet

3 million tons

High-Vol A

Low-\$50s

Baltimore / DTA

Leer South

20 Years

Longwall

Lower Kittanning

~ 65 inches

~ 9,000 feet

3 million tons

High-Vol A

Low-\$50s

Baltimore / DTA





Reflects Leer mine's average seam thickness to date; starting in 2020 and thereafter, the average seam thickness at Leer will expand to more than 72 inches

Note: Excluding the reserves in the mine plans for Leer, Sentinel and Leer South, Arch will still have ~ 150 million tons of undeveloped reserves in the Tygart Valley reserve block.



Leer South will lower the average cost, increase the average quality, and expand the average operating margin of Arch's coking coal portfolio



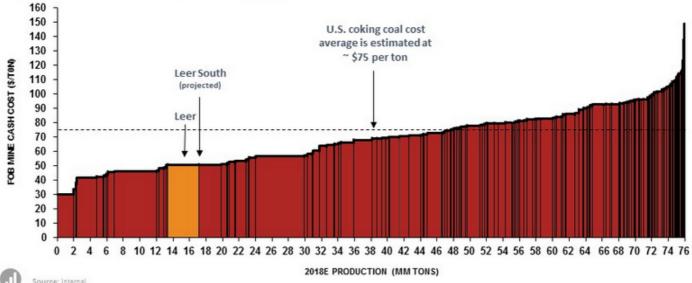


| PROJECTED PAYBACK FOR LEER SOUTH AT VARIOUS MARKET PRICES | | | | | | | |
|--|-----------------------------------|--|--|--|--|--|--|
| Price* | Payback | | | | | | |
| \$225 | 15 months | | | | | | |
| \$200 | 18 months | | | | | | |
| \$175 | 24 months | | | | | | |
| \$150 | 30 months | | | | | | |
| \$125 | 48 months | | | | | | |
| * High-Vol A price per metric | oton, FOB vessel, U.S. East Coast | | | | | | |



We see indications that U.S. coking coal mine costs are shifting higher





Source: Internal



The addition of Leer South should greatly boost Arch's cash generation across a wide range of pricing scenarios

ACTUAL 2018 EBITDA VERSUS PRO FORMA 2018 EBITDA WITH LEER SOUTH, AT VARIOUS HIGH-VOL A PRICES*

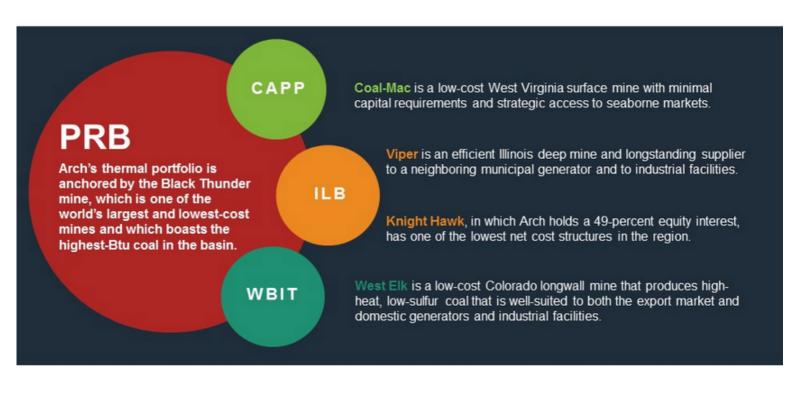




- The start-up of the longwall at Leer South would have boosted Arch's EBITDA by more than 50 percent on a pro forma basis in 2018, holding all else equal
- Conversely, the Leer South start-up would counterbalance a \$45 per ton decline in coking coal prices versus the \$200/ton average High-Vol A price in 2018

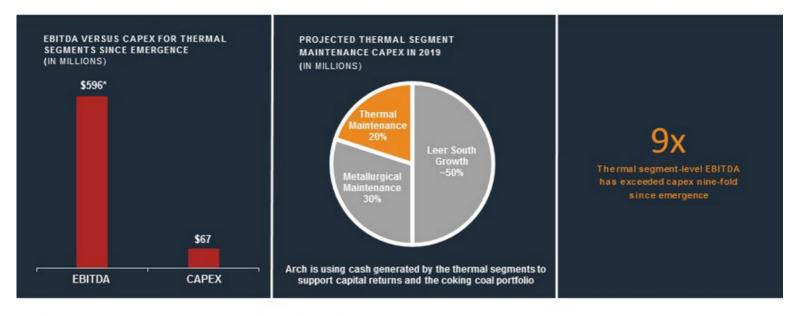
^{*} High-Vol A price, FOB the vessel on the U.S. East Coast, with corresponding prices for Low-Vol and High-Vol B products based on actual, 2018 differentials for those products







Arch's thermal franchise is a powerful free cash generator

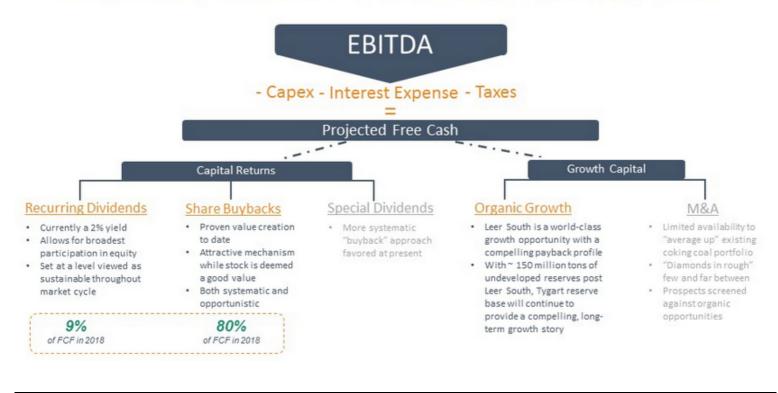


^{*} Represents segment-level EBITDA, which does not include corporate or other unallocated costs





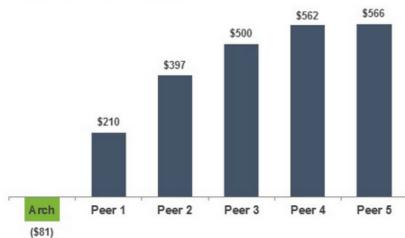
Arch continuously evaluates which avenues provide the best risk-adjusted returns





Arch has the industry's strongest balance sheet, and is sharply focused on maintaining an exceptionally strong financial position





- Arch had \$395 million of cash at 6/30/2019, against debt of just \$314 million
- Arch's approximately \$300
 million term loan has a coupon
 of L+275 a level significantly
 lower than most industry peers



Source: Arch and company filings
Peer group includes Alliance, Consol, Contura, Peabody and Warrior (listed here alphabetically)





Global steel demand continues to surprise to the upside



- Global steel and pig iron output are up 4.6 percent and 3.8 percent YTD, respectively
 - · China is up 9 percent and the rest of the world is flat
- U.S. steel production growth of 4.8 percent is offset by a 2.4 percent decline in European output
- · Chinese and Indian coking coal imports are up strongly through July despite Chinese import restrictions and lower-than-expected economic growth in India



Source: World Steel Association, Wood Mackenzie, China Customs Data



We expect China to continue to import significant volumes of seaborne coking coal, even if Chinese hot metal production is reaching a peak

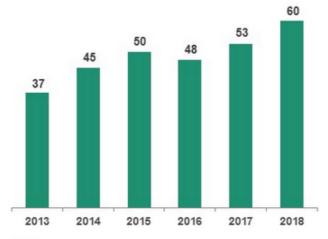


- Roughly two thirds of Chinese steel production is located in coastal provinces, where seaborne moves may have a logistical advantage
- Nearly 100 million tons of steel output is in southern coastal provinces, where that advantage is even more pronounced
- As China emphasizes producing more steel from fewer mills, high-quality coking coal imports should become increasingly valued
- The cost curve for Chinese coking coal continues to shift up and to the right



India is on track to become the world's largest importer of coking coal in the near future

INDIAN COKING COAL IMPORTS (IN MILLIONS OF METRIC TONS)



- Indian steel output is up ~ 40 percent in the past five years, and coking coal imports are up 62 percent
- Indian steel producers plan to add 42 million metric tons of hot metal capacity by 2023 – increasing the installed base by 50 percent
- The Indian government is targeting 300 million metric tons of steel mill capacity by 2030
- Given poor quality of indigenous coals, nearly all of that total will need to be imported



Source: CRU, IHS, Internal



Australian coking coal exports remain muted despite continued strength in coking coal prices

AUSTRALIAN METALLURGICAL COAL EXPORTS (IN MILLIONS OF METRIC TONS)



- Australian coking coal exports are recovering, but slowly
- Australian shipments continue to track well below 2016 peak levels
- With the exception of the North Goonyella outage, there have been few disruptions
- New mine development projects currently being pursued could add significant capacity, but remain uncertain
- The port and rail system remains fragile

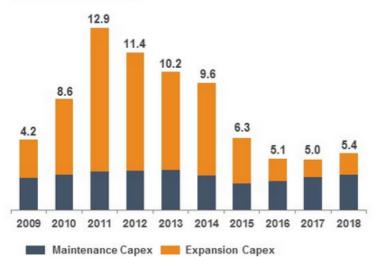




Capital spending at Australian coking coal mines remains muted

INVESTMENT IN AUSTRALIAN COKING COAL MINES

(IN BILLIONS OF DOLLARS)



- Australian producers supplied roughly 60 percent of all coking coal in the seaborne market in 2018
- Australian expansion capex fell from a peak of \$8.5 billion in 2011 to an average of \$1.2 billion annually over the past three years
- Based on current expansion plans, that trend appears likely to extend into 2019

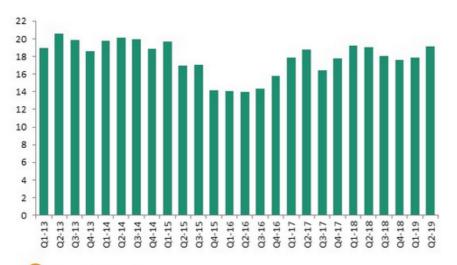


Source: Australian Bureau of Statistics



While U.S. coking coal output bounced in Q2, we expect continued downward pressure on supply – especially given recent pullback in pricing

U.S. METALLURGICAL COAL PRODUCTION (IN MILLIONS OF SHORT TONS)



- Despite a solid Q2, we believe U.S. coking coal supply will struggle to maintain recent pace
- Output at coking coal mines was down 2 percent in H1 2019 versus H1 2018 despite market strength
- Recent bankruptcy filings provide further evidence of ongoing pressures



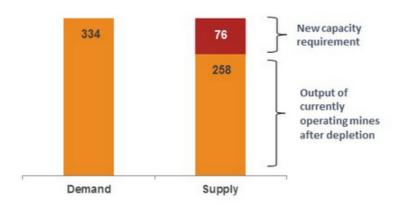
Source: MSHA, Internal

Note: Chart illustrates production from identified met mines, which might not be the same as saleable volumes



We project that 76 million tons of global coking coal capacity must be added by 2025 to meet growing seaborne demand

PROJECTED 2025 SEABORNE COKING COAL SUPPLY AND DEMAND (IN MILLIONS OF TONS)

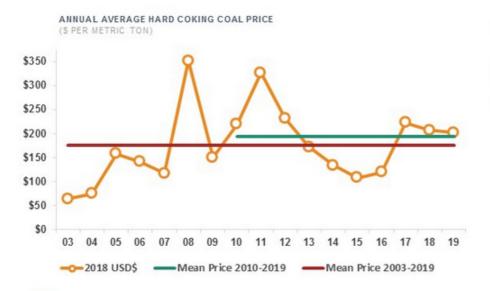


- The consensus estimate is for 34 million tons of seaborne coking coal demand growth by 2025
- Depletion is expected to result in a decline of 42 million tons in output from existing mines
- That leaves a gap of 76 million tons that must be filled with expansion of existing mines and new mine capacity by 2025



Source: Consensus Estimates and Internal Projections

The continued strength in Queensland coking coal prices is causing a reassessment of the long-run, normalized coking coal price



- The Queensland Premium HCC price has averaged \$176 per metric ton on an inflation-adjusted basis since 2003
- Since 2010, the average price has been \$194 per metric ton
- We expect volatility to continue, but with an upward bias as mining costs increase over time due to reserve degradation and depletion







Four significant drivers should translate into still greater value creation in coming quarters

- 1. Arch's robust and ongoing capital return program
 - Arch has bought back nearly 1 million shares per quarter on average since launching the program
 - Projected cash flows should facilitate a robust return of capital through the balance of 2019
- 2. The start-up of world-class Leer South longwall mine
 - Could recover nearly one third of projected investment before longwall starts up, via development tons alone
 - Based on projected costs, should reduce segment costs by more than \$3.00 per ton on pro forma basis
 - New severance tax rebate legislation should lower those projected costs still further
- 3. The transition to thicker coal at existing Leer longwall mine
 - Seam thickness at Leer expected to be 15 to 20 percent greater over next 10-plus years versus first five years
 - Cutting more coal and less rock should boost volumes and lower costs
- 4. Completion of JV should unlock substantial synergies and extend cash generation from thermal assets
 - Enhanced security and longevity of cash-generating capabilities



Corporate and Other

> (21,990) (10,982) (106,891)

(84,807)

(23.278)

(247,948)

Consolidated

105,564 107,254 437,778

419.697

1,164,758

94,465



Reconciliation of Non-GAAP measures

Included in this presentation, we have disclosed certain non-GAAP measures as defined by Regulation G. The following reconciles these items to net income and cash flows as reported under GAAP. Adjusted EBITDA is defined as net income attributable to the Company before the effect of net interest expense, income taxes, depreciation, depletion and amortization, accretion on asset retirement obligations, amortization of sales contracts and non-operating expenses. Adjusted EBITDA may also be adjusted for items that may not reflect the trend of future results by excluding transactions that are not indicative of the Company's core operating performance.

Adjusted EBITDA is not a measure of financial performance in accordance with generally accepted accounting principles, and items excluded from Adjusted EBITDA are significant in understanding and assessing our financial condition. Therefore, Adjusted EBITDA should not be considered in isolation, nor as an alternative to net income, income from operations, cash flows from operations or as a measure of our profitability, liquidity or performance under generally accepted accounting principles. The Company uses adjusted EBITDA to measure the operating performance of its segments and allocate resources to the segments. Furthermore, analogous measures are used by industry analysts and investors to evaluate our operating performance. Investors should be aware that our presentation of Adjusted EBITDA may not be comparable to similarly titled measures used by other companies. The table below shows how we calculate Adjusted EBITDA.

Period from

| | Quarte r Ended June 30, 2019 | | Year Ended December 31, 2018 | Year Ended December 31, 2017 | October 2 th rough December 31, 2016 | Segment Adjusted EBITDA | PRS | MET | Other Thermal |
|---|---------------------------------|----------|------------------------------------|------------------------------------|---|---|-------------------|-------------------|-------------------|
| (in thousands) | | | | | | (in Thousands) | | | |
| Net income | 62,840 | 72.741 | 312.577 | 238,450 | 33,449 | Quarter Ended June 30, 2019 | 14,696 | 101,936 | 10,922 |
| income tax (benefit) provision | 91 | 70 | (52,476) | (35,255) | 1,156 | Quarter Ended March 31, 2019 | 20,583 | 91,534 | 6,119 |
| interest expense, net | 2,287 | 2,289 | 13,689 | 24,256 | 10,754 | Year Ended December 31, 2018 | 125,525 | 349,524 | 68,620 |
| Depreciation, depletion and amortization | 25,524 | 25,273 | 119,563 | 122,464 | 32,605 | Year Ended December 31, 2017 October 2 through December 31, 2016 | 158,882 55,765 | 243,616 30,819 | 102,006 31,159 |
| Accretion on asset retirement obligations | 5,137 | 5,137 | 27,970 | 30,209 | 7,633 | | | | |
| Amortization of sales contracts, net | 11 | 65 | 11,107 | 53,985 | 796 | Since Emergence | 376,451 | 817,429 | 218,826 |
| Loss (gain) on sale of Lone Mountain Processing, inc. | 4,304 | - | - | (21,297) | - | | | | |
| Net loss resulting from early retirement of debt and debt restructuring | - | - | 485 | 2,547 | - | | | | |
| Non-service related postretirement benefit costs | 1,336 | 1,766 | 3,202 | 1,940 | (32) | | | | |
| Reorganization items, net | 16 | (87) | 1,661 | 2,398 | 759 | | | | |
| Costs associated with proposed joint venture with Peabody Energy | 3,018 | - | - | - | - | | | | |
| Fresh start coal inventory fair value adjustment | - | - | | 0.00 | 7,345 | | | | |
| Adjusted EBITDA | 105,564 | 107,254 | 437,778 | 419,697 | 94,465 | | | | |
| EBITDA from idled or otherwise disposed operations | 1,473 | (9.06) | 2,492 | 3,253 | 1,596 | | | | |
| Seiling, general and administrative expenses | 25,209 | 24,089 | 100,300 | 87,952 | 23, 193 | | | | |
| Other | (4,692) | (12.201) | 4.099 | (6.398) | (1.511) | | | | |
| Reported segment Adjusted EBITDA from coal operations | 127,554 | 118,236 | 544,669 | 504,504 | 117,743 | | | | |
| Reported segment Adjusted EBITDA from coal operations | 127,554 | 118,236 | 544,669 | 504,504 | 117,743 | | | | |

Reconciliation of Non-GAAP measures

The Company is unable to present a quantitative reconciliation of its forward-looking non-GAAP Segment cash cost per ton sold financial measures to the most directly comparable GAAP measures without unreasonable efforts due to the inherent difficulty in forecasting and quantifying with reasonable accuracy significant items required for the reconciliation. The most directly comparable GAAP measure, GAAP cost of sales, is not accessible without unreasonable efforts on a forward-looking basis. The reconciling items for this non-GAAP measure are transportation costs, which are a component of GAAP revenues and cost of sales; the impact of hedging activity related to commodity purchases that do not receive hedge accounting; and idle and administrative costs that are not included in a reportable segment. Management is unable to predict without unreasonable efforts transportation costs due to uncertainty as to the end market and FOB point for uncommitted sales volumes and the final shipping point for export shipments. Management is unable to predict without unreasonable efforts the impact of hedging activity related to commodity purchases that do not receive hedge accounting due to fluctuations in commodity prices, which are difficult to forecast due to their inherent volatility. These amounts have historically and may continue to vary significantly from quarter to quarter and material changes to these items could have a significant effect on our future GAAP results. Idle and administrative costs that are not included in a reportable segment are expected to be between \$15 million and \$20 million in 2019.