

144: Filer Information

Filer CIK	<input type="text" value="0001762993"/>
Filer CCC	<input type="text" value="XXXXXXXX"/>
Is this a LIVE or TEST Filing?	<input checked="" type="radio"/> LIVE <input type="radio"/> TEST

Submission Contact Information

Name	<input type="text"/>
Phone	<input type="text"/>
E-Mail Address	<input type="text"/>

144: Issuer Information

Name of Issuer	<input type="text" value="ARCH RESOURCES INC CL A"/>
SEC File Number	<input type="text" value="001-13105"/>
Address of Issuer	<input type="text" value="One City Place Drive, Suite 300
St. Louis
MISSOURI
63141"/>
Phone	<input type="text" value="3149942700"/>
Name of Person for Whose Account the Securities are To Be Sold	<input type="text" value="Paul Thomas Demzik"/>

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer	<input type="text" value="Officer"/>
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144: Securities Information

Title of the Class of Securities To Be Sold	<input type="text" value="COMMON"/>
Name and Address of the Broker	<input type="text" value="Morgan Stanley Smith Barney LLC Executive Financial Services
1 New York Plaza
38th Fl.
New York
NY
10004"/>
Number of Shares or Other Units To Be Sold	<input type="text" value="3926"/>
Aggregate Market Value	<input type="text" value="589920.76"/>
Number of Shares or Other Units Outstanding	<input type="text" value="17510434"/>
Approximate Date of Sale	<input type="text" value="02/27/2023"/>
Name the Securities Exchange	<input type="text" value="NYSE"/>

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	<input type="text" value="Common"/>
Date you Acquired	<input type="text" value="02/27/2023"/>

Nature of Acquisition Transaction	Other - RSU/PSU Vesting	
Name of Person from Whom Acquired	Issuer	
Is this a Gift?	<input type="checkbox"/> Checkbox not checked	Date Donor Acquired
Amount of Securities Acquired	3428	
Date of Payment	02/27/2023	
Nature of Payment	Other	

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Common	
Date you Acquired	02/25/2023	
Nature of Acquisition Transaction	Other - RSU Vesting	
Name of Person from Whom Acquired	Issuer	
Is this a Gift?	<input type="checkbox"/> Checkbox not checked	Date Donor Acquired
Amount of Securities Acquired	498	
Date of Payment	02/25/2023	
Nature of Payment	Other	

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	10b5-1 Sales Plan for PAUL THOMAS DEMZIK One City Place Drive, Suite 300 St. Louis MO 63141
Title of Securities Sold	Common
Date of Sale	02/10/2023
Amount of Securities Sold	260
Gross Proceeds	36680.80

144: Remarks and Signature

Remarks	The securities to be sold were received upon the vesting of restricted stock units Performance stock units from 2/25/2023 through and 2/27/2023
Date of Notice	02/27/2023
Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1	12/07/2022

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

/S/ PAUL THOMAS DEMZIK

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)