UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d)
of the Securities Exchange Act of 1934

Date of report (Date of earliest event reported): February, 28, 2022 (February 28, 2022)

Arch Resources, Inc. (Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation)

1-13105 (Commission File Number)

43-0921172 (I.R.S. Employer Identification No.)

CityPlace One

One CityPlace One One CityPlace Drive, Suite 300 St. Louis, Missouri 63141 (Address, including zip code, of principal executive offices)						
egistrant's telephone number, including area code: (314) 994-270	00					
Trading Symbol(s)	Name of each exchange on which registered:					
ARCH	New York Stock Exchange					
CFR 230.425) 'R 240.14a-12) Exchange Act (17 CFR 240.14d-2(b)) Exchange Act (17 CFR 240.13e-4(c)) Standard in Rule 405 of the Securities Act of 1933 (Section 230.4)	405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (Section any new or revised financial accounting standards provided pursuant to Section					
	One CityPlace Drive, Suite 300 St. Louis, Missouri 63141 (Address, including zip code, of principal executive offices) egistrant's telephone number, including area code: (314) 994-270 Trading Symbol(s) ARCH ously satisfy the filing obligation of the registrant under any of the CFR 230.425) R 240.14a-12) xchange Act (17 CFR 240.14d-2(b)) xchange Act (17 CFR 240.13e-4(c)) s defined in Rule 405 of the Securities Act of 1933 (Section 230.43)					

Item 7.01 Regulation FD Disclosure.

Beginning on or about March 1, 2022, and at other times thereafter, members of the senior management team of Arch Resources, Inc. (the "Company"), will use the attached slides in various investor presentations. The slides from the presentation are attached as Exhibit 99.1 hereto and are hereby incorporated by reference.

The information contained in Item 7.01 and the exhibits attached hereto shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section, nor shall they be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended (the "Securities Act") or the Exchange Act, except as shall be expressly set forth by specific reference in such a filing.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

The following exhibits are attached hereto and filed herewith.

Exhibit No.	Description
99.1	Arch Resources, Inc. Investor Presentation Slides,
104	Cover Page Interactive Data File (formatted as Inline XBRL and contained in Exhibit 101)

Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: February 28, 2022 Arch Resources, Inc.

By: /s/ Rosemary L. Klein
Rosemary L. Klein
Senior Vice President – Law, General Counsel and Secretary



BMO 31st Global Metals & Mining Conference

Paul A. Lang CEO and President

MARCH 1, 2022

Forward-Looking Information

Forward-Looking Statements: This presentation contains "forward-looking statements" - that is, statements related to future, not past, events. In this context, forward-looking statements often address our expected future business and financial performance, and often contain words such as "should," "appears," "expects," "anticipates," "flans," "believes," "seeks," or "will." Forward-looking statements by their nature address matters that are, to different degrees, uncertain. For us, particular uncertainties arise from the COVID-19 pandemic, including its adverse effects on businesses, economies, and financial markets worldwide; from the impact of COVID-19 on efficiency, costs and production; from changes in the demand for our coal by the steel production and electricity generation industries; from our ability to access the capital markets on acceptable terms and conditions; from policy, legislation and regulations relating to the Clean Air Act, greenhouse gas emissions, incentives for alternative energy sources, and other environmental initiatives; from competition within our industry and with producers of competing energy sources; from our ability to successfully acquire or develop coal reserves, including the integration of our Leer South mine and its ramp-up to full production; from operational, geological, permit, labor, transportation, and weather-related factors; from the effects of foreign and domestic trade policies, actions or disputes; from fluctuations in the amount of cash we generate from operations, which could impact, among other things, our ability to service our outstanding indebtedness, fund capital expenditures, and pay dividends or repurchase shares in accordance with our announced capital return program; from our ability to successfully integrate the operations that we acquire; from our ability to generate significant revenue to make payments required by, and to comply with restrictions related to, our indebtedness, including our ability to repurchase our convertible notes; from additional demands for credit support by third parties; from the loss of, or significant reduction in, purchases by our largest customers; from the development of future technology to replace coal with hydrogen in the steelmaking process; and from numerous other matters of national, regional and global scale, including those of a political, economic, business, competitive or regulatory nature. These uncertainties may cause our actual future results to be materially different than those expressed in our forward-looking statements. We do not undertake to update our forward-looking statements, whether as a result of new information, future events or otherwise, except as may be required by law. For a description of some of the risks and uncertainties that may affect our future results, you should see the risk factors described from time to time in the reports we file with the Securities and Exchange Commission.

This presentation includes certain non-GAAP financial measures, including, Free Cash Flow, Adjusted EBITDA, Adjusted EBITDA and cash costs per ton. These non-GAAP financial measures are not measures of financial performance in accordance with generally accepted accounting principles and may exclude items that are significant in understanding and assessing our financial results. Therefore, these measures should not be considered in isolation or as an alternative to net income from operations, cash flows from operations, earnings per fully-diluted share or other measures of profitability, liquidity or performance under generally accepted accounting principles. You should be aware that our presentation of these measures may not be comparable to similarly-titled measures used by other companies. A reconciliation of these financial measures to the most comparable measures presented in accordance with generally accepted accounting principles has been included at the end of this presentation.



Arch Resources In Brief

Arch is a premier U.S. producer of high-quality metallurgical coals for global steel markets, and the leading global supplier of premium, High-Vol A coking coal

- We operate large, modern coking coal mines that operate at the low end of the U.S. cost curve
- Approximately 80 percent of our product slate is High-Vol A coal, which typically earns a premium in the marketplace
- We have exceptional, long-lived reserves that provide significant and valuable optionality for long-term growth

Arch's strong coking coal position is supplemented by a top-tier thermal franchise

- We operate competitive mines in the Powder River Basin and Colorado
- Our mines have modest capital needs and generate significant levels of free cash in a wide range of market conditions

Arch has deep expertise in mining, marketing and logistics — and in critical areas of ESG-related performance and compliance, including safety and environmental stewardship

Arch has cultivated strong, longstanding relationships with many of the world's largest steelmakers, as well as excellent brand awareness and a clear understanding of the value-in-use of its high-quality coking coal product slate

Arch has one of the industry's strongest balance sheets and recently relaunched a robust, multi-faceted capital return program



Arch at a Glance

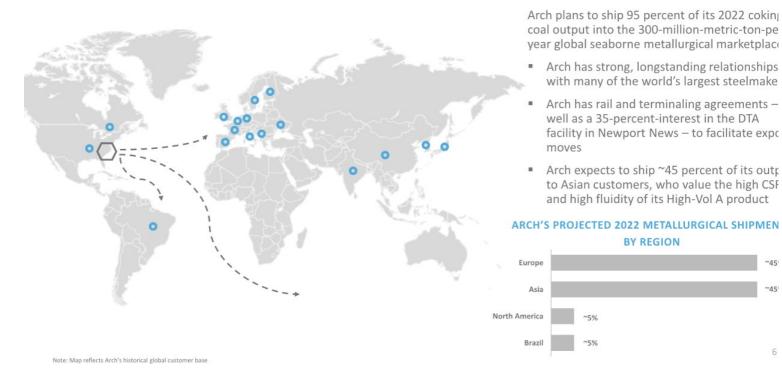


Source: Company filings. Note: (1) Percentages are pre corporate, other and eliminations. (2) Excludes pass-through tons not assigned to a segment. (3) EBITDA reflects reported segment level EBITDA from coal operations.



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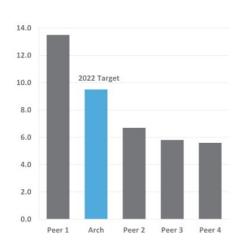
Global Penetration



Arch is a low-cost coking coal producer with the world's largest and most valuable High-Vol A coking coal franchise

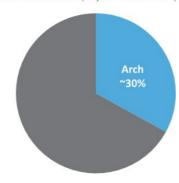
ESTIMATED U.S. COKING COAL OUTPUT BY PRODUCER, 2021

(in millions of tons)



ARCH'S SHARE OF GLOBAL HIGH-VOL A MARKET

(estimate based on projected 2022 sales)



Arch supplies roughly 30% of the world's High-Vol A coking coal, which has tremendous value-in-use as a blending agent with lesser-quality coals

ARCH'S COKING COAL OUTPU BY TECHNOLOGY

(percentage of expected 2022 sales)

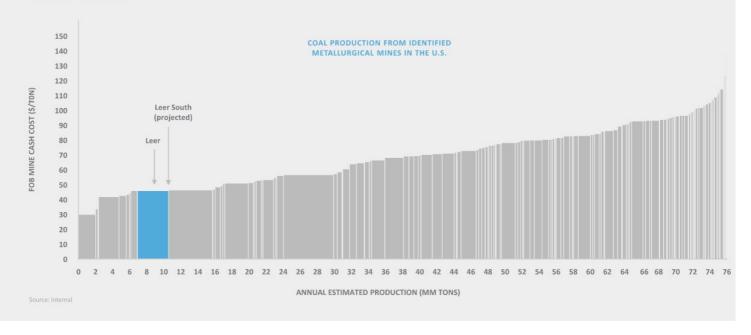


Roughly 80% of Arch's coking c output comes from low-cost long operations, versus an average of a 30% for the U.S. industry as a w

ource: Public Information, MSHA, Internal; peer group = Alpha, Blackhawk, Coronado, Warrior (listed here alphabetically)

Coking Coal Cash Costs

Arch has highly efficient metallurgical mines with sustainable cost structures, which stands in contrast to many other U.S. producers who are grappling with reserve degradation and depletion



ARCH



Arch's thermal franchise generates very significant levels of cash, and is expected to keep doing so in 2022 and beyond

THERMAL SEGMENT EBITDA VERSUS CAPEX SINCE Q4 2016

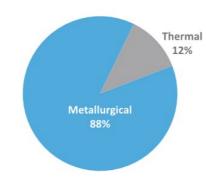
(in millions of dollars)
\$905*

CAPEX

EBITDA

ARCH CAPITAL SPENDING

(percentage by segment, since Q4 2016)



Arch will continue to direct the vast majority of its capital budget to its core metallurgical segment in future periods 8x

Thermal segment EBITDA ha exceeded CAPEX more than eigh since Q4 2016, and that factor sl increase further in 2022 given A locked-in book of advantageou priced thermal business

^{*} Represents segment-level EBITDA, which does not include corporate or other unallocated costs

Arch secured a substantial and profitable book of future contract business for its thermal segment during 2021

During 2021, Arch capitalized on a period of high natural gas prices and tightness in domestic thermal markets to lock in a substantial and advantageous book of future contract business for its thermal mines

Arch committed more than 100 million tons of future thermal business – for 2022 and out years – during the course of 2021, and has added onto that book since year-end

Arch has now committed a total of 76 million tons of Powder River Basin coal for 2022 delivery, at a record price of around \$16.30 per ton

 Arch has also signed advantageously priced commitments for a substantial portion of its planned 2023 output, and significant volumes for 2024 and out years as well

Arch has sold forward nearly 5 million tons of 2022 output from its West Elk longwall mine in Colorado, at prices that should generate very substantial levels of cash

Arch has already built a solid book of West Elk business for 2023 as well, and is continuing to build out its 2024 and 2025 positions at present – again, at advantageous and cash-generating price levels

While Arch continues to explore the potential monetization of its thermal assets, the company's success in contracting substantial volumes at highly attractive prices has greatly enhanced their value in the marketplace

Arch recently established and began to fund an industry-leading thermal mine reclamation fund for its Powder River Basin
operations, thus increasing their marketability while insulating the core metallurgical portfolio from the thermal segment's
long-term closure obligations



Arch's metallurgical products are essential to the production of new steel, which in turn is essential to the construction of a new economy







Iron ore and metallurgical coal are essential companions in the production of new steel

That new steel is critical to the construction of a new economy

• Such steel is required for mass transit systems, wind turbines and electric vehicles, as well as continued urbanization

Metallurgical coal will be needed for the production of new steel through at least mid-century, according to most forecasts



Our value creation strategy and ESG commitment are well-aligned

We are in the midst of a fundamental strategic shift towards global steel and metallurgical markets and away from domestic power and thermal markets

Over the course of the past 10 years, we have transformed Arch into a premier producer of high-value metallurgical coal for steel producers

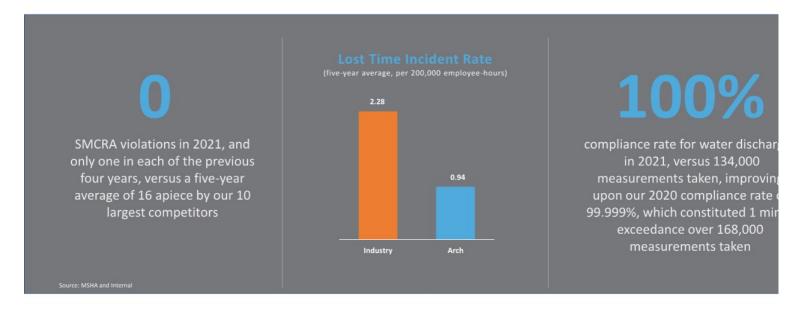
Arch continues to harvest significant value from its highly competitive legacy thermal platform while systematically reducing its operating footprint and pre-funding its final mine closure obligations

With this transition, our Scope 1, 2 and 3 carbon emissions have declined significantly in recent years, and we are aggressively pursuing further structural as well as incremental reductions

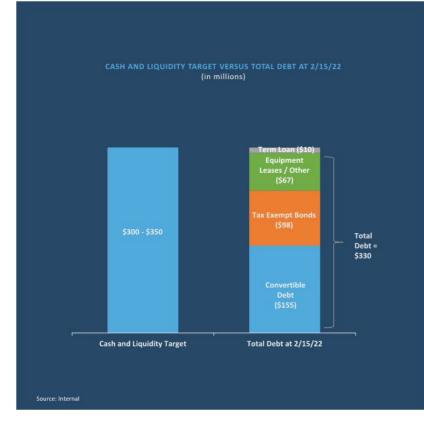
Our ESG profile has undergone a transformation and is now similar to that of many other major commodities – particularly iron ore, with which it is inextricably bound in the global marketplace

Arch has conducted accelerated reclamation at its former mine sites to ensure the highest standards of environmental stewardship as well as to limit long-term holding costs and future regulatory risks

Arch is a demonstrated leader in both safety and environmental stewardship







Fortifying the balance sheet

Arch successfully restored its balance sheet to prepandemic strength just six months after completing the build-out of the transformational Leer South growth proj

Arch expects to return to a net debt neutral position by tl end of Q1 2022

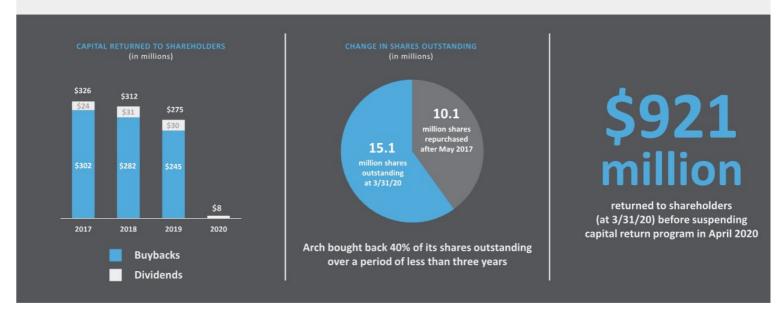
In paying down nearly its entire term loan since December 2021, Arch has eliminated its largest and nearest refinancing risk

Arch is also in the process of reducing and defeasing its Powder River Basin asset retirement obligation

- Arch reduced its Powder River Basin asset retirement obligation by \$40 million, or more than 20 percent, during 2021
- Arch has created a thermal mine reclamation fund to cover final closure costs for its Powder River Basin assets, and expects to approach an 80 percent fundin level by the end of 2022



In the first phase of its capital return program, Arch returned \$921 million of capital to shareholders in less than three years



ARCH

Capital Return Program: Next Phase

Arch views a robust capital return program as a key component of its long-term value proposition

 We paused our capital return program in early 2020 in the face of an initial commodity market pullback, a pandemic, and the strategic decision to continue to move forward with the buildout of Leer South

With Leer South now operational, the balance sheet restored to pre-pandemic strength, the thermal mine reclamation fund well-established, and our cash balance projected to grow appreciably in coming quarters, we believe this is the right time to resume our capital return program

Arch has announced a new capital allocation formula that calls for quarterly cash dividends in the amount of 50% of the company's discretionary cash flow, including a small recurring fixed rate dividend and a potentially larger variable rate dividend

 Discretionary cash flow is defined as cash flow from operations minus capital expenditures and thermal mine reclamation fund contributions

The remaining 50% of discretionary cash flow would be used for share buybacks, special dividends, the repurchase of potentially dilutive securities, and/or capital preservation, at the board's discretion

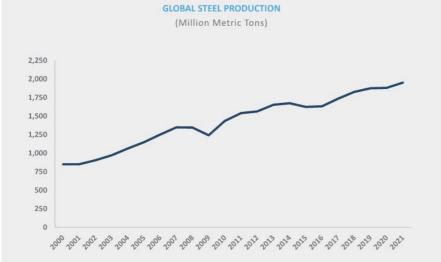
We are preserving the option of some level of "capital preservation" – which is to say cash build beyond liquidity needs – to allow for ongoing (and potentially stepped-up) buybacks at weaker points in the market cycle, and/or to facilitate addressing the convertible securities and/or warrants





-27-24

Global steel demand continues to climb, and should be supported by growth in India and the rest of Southeast Asia in the coming decade



Global steel demand has increased steadily since 200 and has resumed its upward climb post the pandemic

Arch expects global hot metal production to continue climb as well, supported by significant, new integrate capacity additions in India and the rest of Southeast *A*

India is highly dependent on seaborne imports given i very limited – and very low-quality – indigenous cokir coal reserves

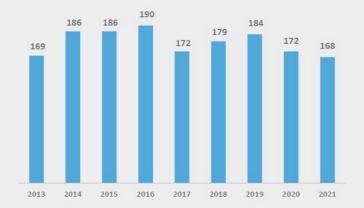
Chinese seaborne coking coal imports have recovered steadily since the start of 2021, as China has systematidentified replacement volumes for locked-out Austra volumes

Source: World Steel Association and Internal



AUSTRALIAN METALLURGICAL COAL EXPORTS

(in millions of metric tons)



Australia

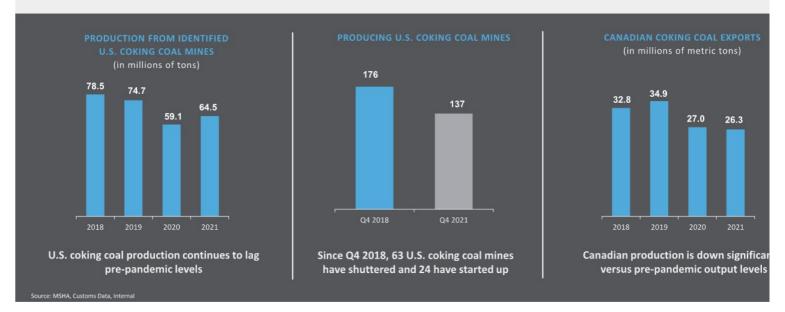
Australian coking coal exports have largely plateaued in recent years

- Australian coking coal exports were down 16 millior tons in 2021 when compared to the pre-pandemic year of 2019
- Investment in new coking coal capacity remains muted despite the strong pricing environment
- Many of the major Australian producers are guiding to flat to lower production, and few are pursuing growth
- Increasing regulatory and permitting pressures along with normal and ongoing depletion – is further constraining supply
- The expansion project pipeline is relatively small, dominated by junior miners, and weighted towards semi-soft and PCI coals

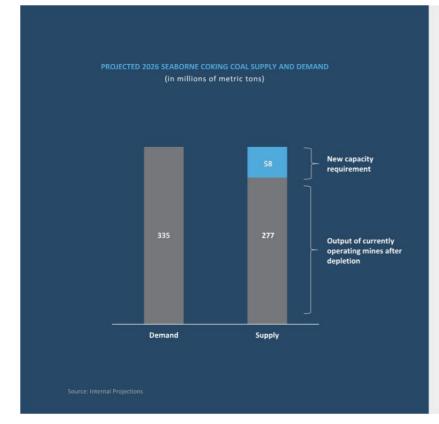
Source: Australian Bureau of Statistics



Coking coal output also remains muted in the United States and Canada, the No. 2 and No. 3 global producers of high-quality coking coal



ARCH



Supply / Demand Fundament

Arch projects that 58 million tons of global coking coacapacity will be needed by 2026 to meet growing seaborne demand and offset ongoing reserve depleti

- We project a net increase in seaborne coking coal demand of 25 million tons, driven by increased requirements in Southeast Asia offset by integrate steel mill conversions and retirements elsewhere
- We assume a conservative depletion rate of 2 per at existing mines, which reduces supply by a total 33 million tons by 2026

While this forecast is meant to be indicative, we expecontinuing under-investment, reserve degradation ar depletion, and mounting regulatory pressures to constrain supply and contribute to a generally constructive supply/demand balance



ANNUAL AVERAGE HARD COKING COAL PRICE

(\$ per metric ton)



Long-run pricing

The average long-run coking coal price continues to shift higher in the face of limited new investment and other supply pressures

- The coking coal benchmark has averaged \$175 per metric ton on an inflation-adjusted basis since 2003
- Since 2010, the average price has been \$189 per metric ton
- Arch expects volatility to continue, but with an upward bias as mining costs increase over time due to ongoing under-investment coupled with reserve degradation and depletion

Source: Bloomberg, Public Information, BLS, Internal



Highlights

- Premier U.S. metallurgical producer with low-cost, high-quality, long-lived asset base
- Large-scale, first-quartile metallurgical franchise anchored by world-class Leer and Leer South longwall mines
- Leading global producer of High-Vol A products that earn a premium in the marketplace
- Diverse, highly-rated steel industry customer base across the globe
- Competitive thermal franchise that contributes robust, supplemental free cash flow while simultaneously prefunding its own final reclamation requirements
- Strong balance sheet with low leverage, no near-term debt maturities, and significant liquidity
- Proven commitment to capital returns via a robust, multi-faceted capital return program
- Experienced management team with proven track record on safety, environmental stewardship, operational excellence and fiscal prudence



BMO 31st Global Metals & Mining Conference

Paul A. Lang CEO and President

MARCH 1, 2022

Reconciliation of Non-GAAP measures

Included in this presentation, we have disclosed certain non-GAAP measures as defined by Regulation G. The following reconciles these items to net income and cash flows as reported under GAAP. Adjusted EBITDA is defined as net income attributable to the Company before the effect of net interest expense, income taxes, depreciation, depletion and amortization, accretion on asset retirement obligations, amortization of sales contracts and non-operating expenses. Adjusted EBITDA may also be adjusted for items that may not reflect the trend of future results by excluding transactions that are not indicative of the Company's core operating performance.

Adjusted EBITDA is not a measure of financial performance in accordance with generally accepted accounting principles, and items excluded from Adjusted EBITDA are significant in understanding and assessing our financial condition. Therefore, Adjusted EBITDA should not be considered in isolation, nor as an alternative to net income, income from operations, cash flows from operations or as a measure of our profitability, liquidity or performance under generally accepted accounting principles. The Company uses Adjusted EBITDA to measure the operating performance of its segments and allocate resources to the segments. Furthermore, analogous measures are used by industry analysts and investors to evaluate our operating performance. Investors should be aware that our presentation of Adjusted EBITDA may not be comparable to similarly titled measures used by other companies. The table below shows how we calculate Adjusted EBITDA.

		Year Ended December 31, 2021				Year Ended December 31, 2019		Year Ended December 31, 2018		ear Ended cember 31, 2017	Period from October 2 through December 31, 2016	
(In thousands)												
Net income (loss)	\$	337,573	\$	(344,615)	\$	233,799	\$	312,577	S	238,450	\$	33,449
Income tax (benefit) provision		1,874		(7)		248		(52,476)		(35,255)		1,156
Interest expense, net		23,344		10,624		6,794		13,689		24,256		10,754
Depreciation, depletion and amortization		120,327		121,552		111,621		130,670		176,449		33,401
Accretion on asset retirement obligations		21,748		19,887		20,548		27,970		30,209		7,633
Asset Impairment and restructuring				221,380		-						
Gain on property insurance recovery related to Mountain Laurel												
longwall				(23,518)								
Loss (Gain) on divestitures		24,225		(1,505)		13,312				(21,297)		
Net loss resulting from early retirement of debt and debt restructuring								485		2,547		
Non-service related postretirement benefit costs		4,339		3,884		2,053		3,202		1,940		(32)
Reorganization items, net				(26)		(24)		1,661		2,398		759
Costs associated with proposed joint venture with Peabody Energy				16,087		13,816				-		
Preference Rights Lease Application settlement income						(39,000)				-		
Fresh start coal inventory fair value adjustment						-						7,345
Adjusted EBITDA		533,430		23,743		363,167		437,778		419,697		94,465
EBITDA from idled or otherwise disposed operations		2,469		15,858		12,926		2,492		3,253		1,596
Selling, general and administrative expenses		92,342		82,397		95,781		100,300		87,952		23,193
Other		(9,702)		3,359		(14,488)		4,099		(6,398)		(1,511)
Reported segment Adjusted EBITDA from coal operations	\$	618,539	\$	125,357	\$	457,386	\$	544,669	S	504,504	\$	117,743

Segment Adjusted EBITDA		MET	Thermal			Corporate and Other	Consolidated		
(In Thousands)									
Year Ended December 31, 2021	\$	442,830	\$	175,709	S	(85,109)	\$	533,430	
Year Ended December 31, 2020		91,322		34,035		(101,614)	\$	23,743	
Year Ended December 31, 2019		305,363		152,023		(94,219)		363,167	
Year Ended December 31, 2018		349,524		195,145		(106,891)		437,778	
Year Ended December 31, 2017		243,616		260,888		(84,807)		419,697	
October 2 through December 31, 2016	_	30,819		86,924		(23,278)		94,465	
Since Emergence	\$	1,463,474	\$	904,724	S	(495,918)	\$	1,872,280	



Reconciliation of Non-GAAP measures

The Company is unable to present a quantitative reconciliation of its forward-looking non-GAAP Segment cash cost per ton sold financial measures to the most directly comparable GAAP measures without unreasonable efforts due to the inherent difficulty in forecasting and quantifying with reasonable accuracy significant items required for the reconciliation. The most directly comparable GAAP measure, GAAP cost of sales, is not accessible without unreasonable efforts on a forward-looking basis. The reconciling items for this non-GAAP measure are transportation costs, which are a component of GAAP revenues and cost of sales; the impact of hedging activity related to commodity purchases that do not receive hedge accounting; and idle and administrative costs that are not included in a reportable segment. Management is unable to predict without unreasonable efforts transportation costs due to uncertainty as to the end market and FOB point for uncommitted sales volumes and the final shipping point for export shipments. Management is unable to predict without unreasonable efforts the impact of hedging activity related to commodity purchases that do not receive hedge accounting due to fluctuations in commodity prices, which are difficult to forecast due to their inherent volatility. These amounts have historically and may continue to vary significantly from quarter to quarter and material changes to these items could have a significant effect on our future GAAP results. Idle and administrative costs that are not included in a reportable segment are expected to be between \$15 million and \$20 million in 2019.

ARCH