Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C	. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Demzik Paul T.					2. Issuer Name and Ticker or Trading Symbol ARCH RESOURCES, INC. [ARCH]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last)								est Tran	saction (Mont	h/Day/Year)		X Officer below)	er (give title		Other (sbelow)	specify		
ONE CITYPLACE DRIVE, SUITE 300					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group										Filing	(Check Ap	pplicable	
(Street) ST. LOUIS MO 63141					_								Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)					Rı	Rule 10b5-1(c) Transaction Indication													
								Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.											
		Tab	le I - N	on-Deri	vative	Sec	uriti	ies Ac	quirec	l, Di	sposed o	of, or Be	eneficia	lly Owne	t				
Date				h/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4			Benefic Owned	es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)	
Common Stock 10/				10/13/	2023				M		1,262	A	(1)	8,	8,960		D		
Common Stock 10/1				10/13/	2023				F		560 ⁽²⁾	D	\$154.4	8 8,	8,400		D		
Common Stock 10/16/2				2023				S ⁽³⁾		179	D	\$153.18	8,221			D			
Common	Stock			10/16/	2023	023			S ⁽³⁾		10	D	\$154.	5 8,	8,211		D		
		Т	able II								posed of converti			/ Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed on Date, Day/Year)	4. Transa Code (8)				6. Date Expirati (Month/	on Da		7. Title ar Amount of Securities Underlyir Derivativ (Instr. 3 a	of s ng e Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e Ov S Fo Dii or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares						
Restricted Stock Units	(1)	10/13/2023			M			1,262	(5)		(5)	Class A Common Stock	1,262	\$0.00	0		D		

Explanation of Responses:

- 1. Each restricted stock unit represents a contingent right to receive one share of Class A Common Stock of Arch Resources, Inc. (the "Company").
- 2. These shares were withheld by the Company to satisfy the reporting person's tax withholding obligations.
- 3. The sale of shares was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on December 7, 2022 and represents an automatic sale to cover tax obligations and for other purposes.
- 4. The reported price in Column 4 is a weighted average sale price. These shares were sold in multiple transactions at prices ranging from \$152.84 to \$153.82 per share. The reporting price undertakes to provide the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in the footnote.
- 5. The restricted stock units are fully vested.

Remarks:

/s/ Rosemary L. Klein, 10/16/2023 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.